

SUGANDH GUPTA

Department of Anthropology | University of North Carolina at Chapel Hill | 301 Alumni Building CB 3115
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EDUCATION

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| 2016 - Present | Ph.D. in Anthropology, University of North Carolina-Chapel Hill
Advisor: Dr. Jocelyn Lim Chua |
| 2018 | M.A. in Anthropology, University of North Carolina -Chapel Hill
Thesis Title: <i>Experiencing Addiction and Dependency among Youth in Jammu, India</i> . Thesis Advisor: Dr. Jocelyn Lim Chua |
| 2011 | M.A. Psychology, Faculty of Arts at University of Delhi, India |
| 2009 | B.A. Applied Psychology, Gargi College, University of Delhi, India |

FELLOWSHIPS and AWARDS

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| 2018 | Tarakanath Das Foundation Grant-in-Aid, South Asian Institute, Columbia University |
| 2018 | American Institute of Indian Studies (waitlisted) |
| 2018 | Pre-Dissertation Award, Centre for Global Initiatives, UNC-CH |
| 2018 | Summer Research Fellowship, The Graduate School, UNC-CH |
| 2018 | Research Assistant Fellowship, Graduate Certificate of Participatory Research, UNC-CH |
| 2017 | Community Engagement Fellowship, Carolina Center for Public Service, UNC-CH |
| 2017 | Harriet J. Kupferer Graduate Exploratory Summer Research Award, UNC-CH |

PUBLICATIONS

Gupta, Sugandh. 2018. *Experiencing Addiction and Dependency among Youth in Jammu, India*. MA Thesis, University of North Carolina-Chapel Hill.

Book Chapters

Gupta, Sugandh. 2012. The ODA Survey. In Santhosh Babu, *Coaching: The Art of Developing Leaders* 107-139. New Delhi: Wiley India Private Limited.

Magazine Articles

Gupta, Sugandh. 2012. Visioning across India Inc. *ODA Quarterly*, 4:40-55. New Delhi.

Blogs and Articles published on e-portals

Gupta, Sugandh. 2015. Responding to a Child in Face of Tragedy. *Early Childhood Care and Education Portal*. Retrieved from <http://www.eceportal.in/index.php/aa/blog-early-childhood-care/item/51-responding-to-a-child-in-face-of-tragedy>

Gupta, Sugandh. 2015. Ria's Story: Overcoming Depression by Creating a "Me" space in Therapy. *The Shrinking Couch*. Retrieved from <http://theshrinkingcouch.com/rias-story-overcoming-depression-by-creating-a-me-space-in-therapy/>

Gupta, Sugandh. 2014. Language Intervention. *Early Childhood Care and Education Portal*. Retrieved from <http://www.eceportal.in/index.php/mashups/early-childhood-education-blog/item/40-language-intervention>

Gupta, Sugandh. 2014. Waking the Dead. *Life Positive*. Retrieved from <https://www.lifepositive.com/waking-dead/>

Gupta, Sugandh. 2014. Tryst with a Child's Destiny. *Early Childhood Care and Education Portal*. Retrieved from <http://www.eceportal.in/index.php/aa/blog-early-childhood-care/item/39-tryst-with-a-child-s-destiny>

Gupta, Sugandh. 2014. Building Blocks of Your Child's Early Life. *Early Childhood Care and Education Portal*. Retrieved from <http://www.eceportal.in/index.php/aa/blog-early-childhood-care/item/38-building-blocks-of-your-child-s-early-life>

CONFERENCES

- 2018 *Experiencing De-Addiction and Recovery at a State-Sponsored Institution in Jammu, India*. Annual Meeting of the American Anthropological Association, November, San Jose, USA.
- 2018 *Public Health Epidemic and Failure of the State*. Association for Asian Studies Conference, July, Ashoka University, India.
- 2018 *Cultural Constructions of the Body, Language and Social Systems in Everyday Mental Health in Delhi, India*, Southeast Conference of the Association for Asian Studies, January, University of South Carolina, USA.
- 2016 Co-presented with Dr. Anand Prakash – University of Delhi: *Reflections and reactions: Meandering through the in-betweens of Mental Health and Mental Illness*. International Conference on Psycho-Social Perspectives on Health and Well-Being, March, Jamia Milia Islamia University, New Delhi, India.
- 2013 Poster co-presented with Dr. Rukmini Bhaya Nair– Indian Institute of Technology, Delhi: *The Language, Emotion and Culture Project*. 13th International Pragmatics Conference, September, New Delhi, India.

TEACHING EXPERIENCE

Teaching Assistant, University of North Carolina - Chapel Hill (UNC-CH): Planned lessons and assignments, led discussion sections, graded papers and exams; organized and led group discussions on social and academic issues; and integrated multimedia approaches to teaching.

Spring 2019

Cultural Anthropology

Fall 2018	Comparative Healing System
Spring 2018	Comparative Healing System
Fall 2017	Anthropology of War and Peace
Spring 2017	Medicine and Anthropology
Fall 2016	Habitat and Humanity

Guest Lectures, UNC Chapel Hill

- 2019 *Research Methods in the Field*, Cultural Anthropology Seminar, February, UNC- CH.
 2018 *Field Methods in Qualitative Research*, Sardar Patel Vidyalaya, June, New Delhi, India.
 2017 *Designing Research Proposal*, South Asia Seminar, October, UNC- CH.

SERVICE

Selection Committee

- 2018 Black Communities: A Conference for Collaboration, UNC-CH.

Member

- 2017- present American Anthropological Association
 2017- present Society for Medical Anthropology
 2017- present Society for Psychological Anthropology
 2017- present Alcohol, Drugs and Tobacco Study Group
 2016- present Carolina Asia Center, UNC-CH
 2016- present Moral Economies of Medicine Working Group, UNC-CH
 2016- present Participatory Research Group, UNC-CH
 2017-present Race, Difference and Power Working Group, UNC-CH

Other Responsibilities

- 2018 Co-Chair, The Society of Anthropology Students, The Department of Anthropology, UNC -CH
 2017 Co-Chair, The Society of Anthropology Students, The Department of Anthropology, UNC-CH
 2010 General Secretary, Organizational Behavior Placement Cell, Department of Psychology, Faculty of Arts, University of Delhi
 2007 President, The English Debating Society, Gargi College, University of Delhi

RESEARCH EXPERIENCE AND EMPLOYMENT

Sep 2015-Aug 2016 **Research Project Coordinator- *National Aptitude Test, Ministry of Human Resource Development, Government of India***

Responsible for research, assessment and evaluation studies to design a national level Aptitude Test for 800,000 children (aged 14-15 years). Role included the preparation of literature reviews, data collection and analysis; progress and budget reports for advisors and grantors; and writing press articles.

Jun 2015- Jul 2016 **Co-Chief-Mentor: *Generation, McKinsey Social Initiative, India***
Selected, trained and deployed a team of twenty mentors to support young people aged 18 to 29 years. Designed and delivered the curriculum and training, and managed the mentor support system.

Jul 2015- Jul 2016 **Facilitator: *Flow Education and Culture Consultants, Delhi, India***
Designed and delivered multiple, three-day, school curriculum-based, community-engaged programs. Conducted these at museums, cultural sites and public spaces of Delhi.

Feb 2015- Apr 2015 **Co-Facilitator: *Artemis Hospital, Haryana, India***
Conducted a three-month, weekly workshop focusing on the elements of ‘Care, Collaborate and Communicate’ for the 80-member Patient Care Staff Team.

Oct 2014 **Co-Researcher and Interviewer: *Happy World Tour Project, India Tour***
Assisted ethnographic project surveying the meaning, expression and sensation of happiness in India. Conducted interviews, undertook translation and assisted with video editing. Weblinks to videos:

1. *Happy India!* <https://happyworldtourproject.wordpress.com/happy-countries/india/>
2. *The Institute for the Blinds* <https://happyworldtourproject.wordpress.com/happy-initiatives/india/>

Jan 2014 – Mar 2014 **Project Consultant: *Unifiers, Delhi, India***
Reviewed the *status quo* of vocational rehabilitation in India and drafted an employment plan for persons with developmental disorders. Networked with non-governmental organizations, governmental agencies and schools for children with special needs, to advocate provision of opportunities for vocational rehabilitation of persons with intellectual disability.

Oct 2013- Sept 2014 **Citizen Historian: *1947 Partition Archive, UC Berkley, USA***
Collected and documented oral records on experiences of families affected by the 1947 partition of British India.

Feb 2014 – Jul 2016 **OD Consultant: *Wisnes OD Consulting, Delhi, India***
Facilitated projects on organizational development and change for corporates and non-profits. Role included: identifying developmental needs of personnel; drafting intervention plans that included behavioral training, assessments and coaching.

Oct 2013 – Jan 2014 **Research Associate: *Indian Psychology Institute, Puducherry, India***
Using the case-study method, assessed the long-term significance of Sri Aurbindo’s Integral (Free Progress) Education in the lives of 12 alumni of Mirambika Research Institute for Integral Education and Human Values.

May 2013 – Sept 2013 **Research Associate: *Indian Institute of Technology, Delhi, India***
Assisted in qualitative data analysis using Max QDA software on the ‘Language, Emotion and Culture’ research project funded by Department of Science and Technology, Government of India.

Jul 2011- Mar 2013 **OD Consultant: *OD Alternatives Consultancy Pvt. Ltd., Delhi, India***
Facilitated projects on organizational development and change for corporates, non-profits and educational institutions. Role included: identifying developmental needs of personnel; drafting intervention plans that

included behavioral training, assignments, assessments and coaching; conducting and presenting studies on coaching; and assessing organizational vision statements.

Apr 2010 - Present **Co-Founder and Advisor: Indian Association of Health, Research, and Welfare**

Founder and associate editor of monthly educational magazine *PsyInsight*.

2008 and 2010 **De-Addiction Counselor: Sahara House NGO, Delhi, India**

Conducted interviews and counseling sessions with substance abusers and caregivers from low socioeconomic backgrounds.

LANGUAGES

Hindi (Native Speaker); English (Near- Native Speaker)

Punjabi (Advanced Speaking); Dogri (Intermediate Speaking)

ADDITIONAL QUALIFICATIONS

Certified Life Coach from Coach for Life, accredited by the International Coach Federation, USA.

Certified Assessment Centre Analyst from Carlton Advanced Management Institute and Middle Earth Consulting, India.

Certified HAVEN (Helping Advocates for Violence Ending Now) trainer from the University of North Carolina, Chapel Hill, USA.